

Credits:

Seasons Change

Anastacia, K. Dioguardi, J. Rzeznik
Universal Music Corp/Poho Productions (ASCAP)/
K'Stuff Publishing/Corner of Clark and Kent Music/
EMI Virgin Music, Inc. (ASCAP)

Left Outside Alone

Anastacia, D. Austin, G. Ballard
Universal Music Corp/Poho Productions (ASCAP)/
EMI Blackwood Music Inc. OBO
Itself and Crypton Music (BMI)/
Aerostation Corporation/
Univeral – MCA Music
Publishing A Div. Of Universal Studios, Inc.(ASCAP)

Time

Anastacia, D. Austin, G. Ballard
Universal Music Corp/Poho Productions (ASCAP)/
EMI Blackwood Music Inc. OBO
Itself and Crypton Music (BMI)/
Aerostation Corporation/
Univeral – MCA Music
Publishing A Div. Of Universal Studios, Inc.(ASCAP)

Sick and Tired

Anastacia, D. Austin, G. Ballard
Universal Music Corp/Poho Productions (ASCAP)/
EMI Blackwood Music Inc. OBO

Itself and Crypton Music (BMI)/
Aerostation Corporation/
Univeral – MCA Music
Publishing A Div. Of Universal Studios, Inc.(ASCAP)

Heavy On My Heart

Anastacia, B. Mann
Universal Music Corp/Poho Productions (ASCAP)/
Sony/ATV Sounds LLC/Turtle
Victory Music (SESAC)

I Do (featuring Sonny of P.O.D.)

Anastacia, K. Dioguardi, L. Burton, D. Weissfeld
Universal Music Corp/Poho Productions (ASCAP)/
K'Stuff Publishing/EMI Music
Publishing LTD/Reverb Music LTD
Admin by Songs of Universal, Inc/Danny Weissfeld Designn (BMI)

Welcome To My Truth

Anastacia, K. Dioguardi, J. Shanks
Universal Music Corp/Poho Productions (ASCAP)/
K'Stuff Publishing (BMI)/WB
Music Corp/
Dylan Jackson Music (ASCAP)

Pretty Little Dum Dum

Anastacia, G. Ballard, K. Dioguardi
Universal Music Corp/Poho

Productions/

Universal – MCA Music Pub A
Div. Of Universal Studios, Inc./
Aerostation Corporation
(ASCAP)/K'Stuff Publishing
(BMI)

Sexy Single

Anastacia, D. Stewart
Universal Music Corp/Poho
Productions (ASCAP)/
Eligible Music LTD (PRS)

Rearview

Anastacia, K. Dioguardi, J. Shanks
Universal Music Corp/Poho
Productions (ASCAP)/
K'Stuff Publishing (BMI)/WB
Music Corp/
Dylan Jackson Music (ASCAP)

Where Do I Belong

Anastacia, K. Dioguardi, P. Leonard
Universal Music Corp/Poho
Productions (ASCAP)/
K'Stuff Publishing/Bumyamaki
Music/EMI April Music Inc.
(ASCAP)

Maybe Today

Anastacia, D. Stewart
Universal Music Corp/Poho
Productions (ASCAP)/
Eligible Music LTD. PRS



Thank Yous:

I struggle to find words to describe what this year has put me through. So simply, yet deeply, my heartfelt thanks and eternal gratitude goes to my family, friends and fans for always being there.

To Sony, my producers and everyone else behind this album: You all gave me a safe playground during a very vulnerable time. Thank you for letting me spread my wings.

“Since being diagnosed with breast cancer in January, 2003, singer/songwriter Anastacia has become resolved to channel her energies into raising awareness and funds that will specifically target younger women who are stricken, and who have no family history of the disease, For this purpose, The Anastacia Fund has been established through The Breast Cancer Research Foundation, founded in 1993 by Evelyn H. Lauder of the Estée Lauder Companies. For more information go to

www.anastaciafanclub.com or
www.bcrfcure.org”

To find out more about the official Anastacia Fan Club,
visit www.anastaciafanclub.com or write:

Anastacia Fan Club
P.O. Box 127
Lowell, MA 01853
USA

A&R: David Massey
Executive Producer: Anastacia and Lisa Braudé
Artist Management: Lisa Braudé, Braudé Management,
P.O. Box 69978,
West Hollywood, CA 90069-9978

A&R Coordinator: Evan L
Mastered by Ted Jensen at Sterling Sound, NY
Art Direction and Design: William J Sisti
Photography: Isabel Snyder
Styling: Ligia Morris
Hair: Robert Vetiga
Makeup: Sharon Gault, Francesca Tolot

www.anastacia.com
www.epicrecords.com



www.anastaciafanclub.com